



Published on *Wis.Community* (<https://www.wis.community>)

[Home](#) > Free Community Yoga

---

## Free Community Yoga

Submitted by Calendar on June 29, 2019 - 6:06am

Brought to you by the Menomonie Public Library and  
Being Human Yoga

June 3rd, 10th, 17th, 24th, July 8th, 15th, 22nd, 29th  
Outside on the Library Lawn

Community Yoga is designed to accommodate yoga practitioners of all levels. This one hour class will cover yoga postures, some yogic philosophies, and go through some guided relaxation/meditation.

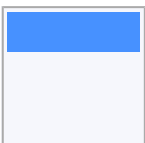
Instructor, Teresa Kruger is a 200 hour certified yoga  
and meditation instructor

[https://www.facebook.com/events/2389009397810050/?event\\_time\\_id=23890094...](https://www.facebook.com/events/2389009397810050/?event_time_id=23890094...) [1]

**Location:**

Menomonie Public Library

**Event Date:**





**Groups audience:**

[Chippewa Valley](#) [2]

**Section:**

Chippewa Valley Calendar

**Event Type:**

[Imported](#) [3]

**More Information:**

[https://www.facebook.com/events/2389009397810050/?event\\_time\\_id=2389009411143382](https://www.facebook.com/events/2389009397810050/?event_time_id=2389009411143382) [1]

**Source Calendar:**

Facebook Events near Menomonie

---

**Source URL:** <https://www.wis.community/chippewa-valley/chippewa-valley-calendar/free-community-yoga-3>

**Links**

[1] [https://www.facebook.com/events/2389009397810050/?event\\_time\\_id=2389009411143382](https://www.facebook.com/events/2389009397810050/?event_time_id=2389009411143382)

[2] <https://www.wis.community/chippewa-valley>

[3] <https://www.wis.community/event-type/imported>